



Introducing Jonah Kest: Club Med North America's Yoga Ambassador

Born into a yoga legacy, Jonah is a widely celebrated Ashtanga and Vinyasa yoga teacher, known for his inspiring classes and collaborations with leading brands like Nike and Netflix.

Jonah meticulously trained our Yoga G.Os to enhance our yoga program, offering a truly elevated experience within the Wellness Fusion program. The Wellness Fusion program offers a harmonious blend of experiences combining yoga & meditation, healthy nutrition, active sports, spa relaxation, and reconnection to nature.

New yoga program at Club Med:

- 20+ hours of yoga & meditation opportunities per week, including beachside and sunset sessions
- 3 signature yoga flows by Jonah: Roots Yoga, Restorative Yoga and Flow Yoga
- 1 certified Yoga G.O per resort

Join us in celebrating this dynamic partnership, where your well-being is our highest priority.

