

Wellness Fusion

by Club Med 

at Club Med Cancun



NAM Product Marketing Team - 2023

Introducing Wellness Fusion at Club Med Cancun

where you can indulge in a perfect blend of wellness experiences

- Dive into our **Yoga & Meditation program**, offering over 20 hours per week of rejuvenation. Enjoy Sunrise Yoga, Family Yoga, and Couple Yoga sessions.
- Immerse yourself in a plethora of sports and on-site activities with more than **20 options to choose from**.
- Savor the delights of **healthy gourmet cuisine**, including plant-based dishes, fresh juices, and a variety of teas and detox waters.
- **Mexican travel experiences** that allow you to reconnect with nature and immerse yourself in the rich Yucatan culture.
- **Spa by L'Occitane**, where you can indulge in soothing massages and facials while gazing at the breathtaking lagoon view.
- **Traditional Temazcal Ritual**, providing an authentic glimpse into Mexico's rich heritage.
- **Ocean Spa Palapa**, where you can enjoy a **massage** while serenaded by the rhythmic sounds of the waves.
- Our signature **Wellness Night**, designed to help you rejuvenate your mind and body.
- **Sunset Ritual**, an **enchanting** musical experience that will leave you at peace.



Welcome to Wellness Fusion, where a harmonious blend of wellness awaits you at Club Med Cancun.

Brand identity

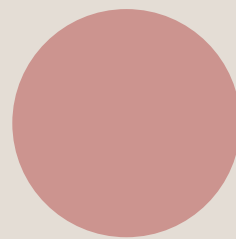
Logo variations



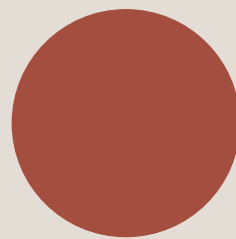
Wellness Color Palette



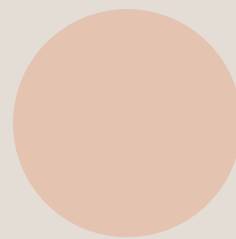
Food



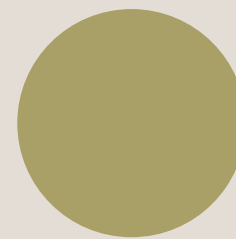
Yoga



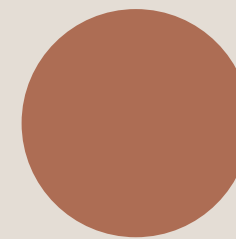
Sport



Spa



Nature



All-inclusive

Inspired by nature, this gradient blend of earth tones brings you closer to nature. It reflects nature, growth and harmony

Healthy food

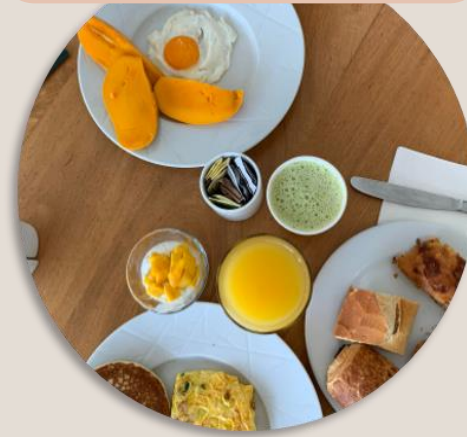
Healthy Gourmet cuisine for nutritious meal

Easy healthy



- All day dining offering healthy meals & snacks for everyone
- From starters to deserts, our Chefs ensure the **diversity and quality of delicious healthy options** with well balanced daily menu including large choice of vegetables, proteins associated with local specialties and French savoir faire

Healthy breakfast



- **Healthy and nutritive breakfast** with **large choice of proteins** including a 'à la minute' eggs
- Extensive choice of **fresh fruits** & cereals oatmeal stations,
- **Fresh orange** juices & green juices

Plant-based dishes



New !

Club Med now offers a multitude of delicious plant-based and gluten-free dishes in the different stations of our restaurants.

Partnership with the vegan protein brand **Beyond Meat (on demand)**.
New plant-based options

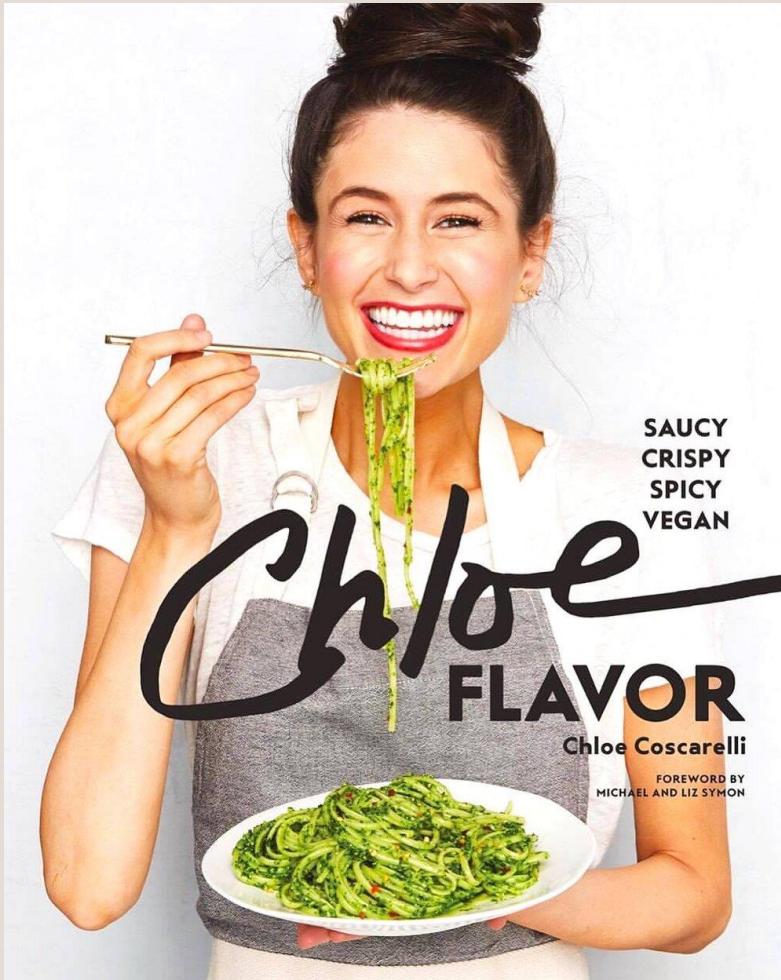
Detox water & Fresh juices



- Choice of delicious **teas**
- Unlimited **detox water**
- **Freshly pressed juice** stations around the resort

Plant-based options

Partnership with the Vegan expert Chloe Coscarelli




Chloe Coscarelli is a Food Network's Cupcake Wars top prize winner and award-winning vegan chef. As a lifelong vegetarian and vegan since her teenage years, Chloe is one of today's most recognizable faces in the vegan community.

**Partnership
with a renowned
brand!**



BEYOND MEAT™





Club Med Cancun offers a diverse range of **yoga classes** to cater to different preferences and needs. Along with the **traditional yoga classes**, Club Med Cancun provide also new **variations like aqua yoga, couples yoga, family yoga, yin-restorative yoga, meditation and wellness nights**. These variations add an extra dimension to your practice and allow you to explore different aspects of yoga.

Mindfulness & yoga

Meditation
Aqua Yoga
Hatha Yoga
Couples' Yoga
Family Yoga*
Power Yoga
Yin restorative Yoga
Sunrise & sunset Yoga

A comprehensive Yoga program in a paradise location

- A real yoga retreat with more than 4h of yoga per day / 27 hours per week
- Classes focused on breath and alignment
- Yoga for every level
- Sunrise Yoga - Hatha practice to wake up gently and energize the body
- Aqua Yoga
- Power Yoga with a focus on the warrior poses

- Couples Yoga - to rediscover your connection and deepen your bond
- Family Yoga - to involve the entire family to participate in yoga together and offer a space for connection, relaxation, and playfulness.
- Sunset Yoga – Yin-restorative practice design to calm your spirit
- Wellness nights

Extensive list of included Activities & Sports

Emblematic Sports & Activities at Club Med Cancun



Sports

More than 20 sports & activities

- ◆ Running & Power walk
- ◆ Salsa
- ◆ Circus with Flying Trapeze
- ◆ Snorkeling
- ◆ Sailing
- ◆ Stand Up Paddle
- ◆ Kayak
- ◆ Tennis
- ◆ Pickleball
- ◆ Ping Pong
- ◆ Golf (Green fees)*
- ◆ Yoga
- ◆ HIIT
- ◆ Archery
- ◆ Beach Volleyball
- ◆ Basketball
- ◆ Dance classes
- ◆ Bocce ball
- ◆ Table tennis
- ◆ Swimming-pool
- ◆ Aqua fitness
- ◆ Waterpolo
- ◆ Scuba diving
- ◆ Cardio-Training room & Fitness Classes

A Club Med Cancun vacation offers much more than just a stunning destination. It provides you the opportunity to enjoy over 20 different sports & activities! Maximize your all-inclusive experience by taking full advantage of our exceptional facilities and expert sports instructors.

Blissful spa

Club Med Spa by L'Occitane*

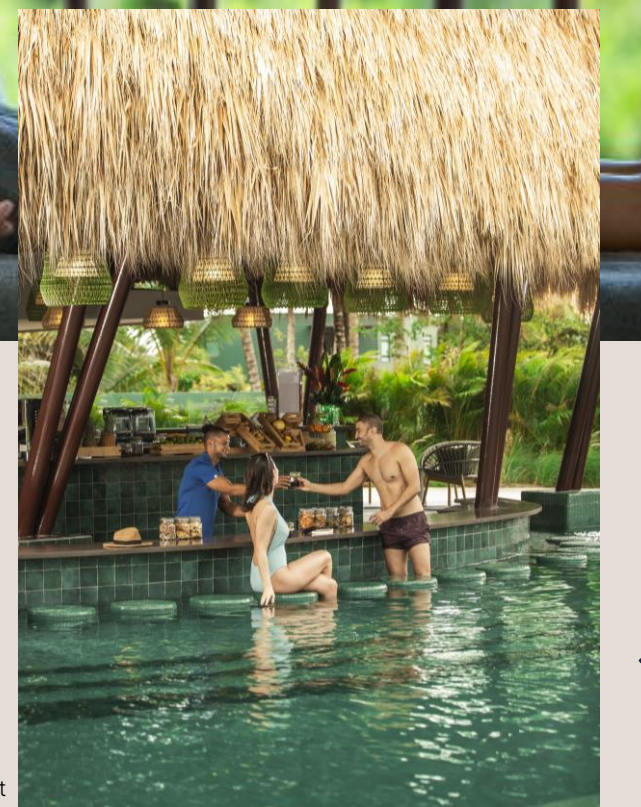
Wellness Fusion
by Club Med



Unwind and rejuvenate with our multitude of facilities at the **Club Med Spa by L'Occitane***. Experience **revitalizing massages** in our beachside palapa, enjoy a couples massage in an outdoor jacuzzi, or enhance your grooming and beauty routine at our **beauty salon**.

For a complete well-being journey, try our **authentic Temazcal ritual***. This ancient cleansing ceremony **purifies your mind, body, and soul**, leaving you **refreshed and revitalized**.

At our Wellness Bubble, we create an **immersive and unforgettable experience** for your physical and spiritual well-being.



*at extra cost

Club Med

Blissful spa

Club Med Spa by L'Occitane*



Key Spa Features

- ◆ Waterfront Spa with a view on the lagoon
- ◆ 5 Individuals multipurposes treatments rooms
- ◆ 2 Duo multipurposes treatment rooms
- ◆ 2 Manucure /pedicure treatment room
- ◆ 1 Treatment room with private whirlpool bath
- ◆ 2 Outdoor double Palapas facing the ocean
- ◆ 1 Relaxation area with tearoom within the Spa
- ◆ Barber's Shop
- ◆ Hairdresser
- ◆ Authentic Temazcal Ritual

Don't miss this unparalleled experience offered at the Club Med Spa by L'Occitane*

THE TEMAZCAL RITUAL*

Referred to as the "House of Heat", the ritual invites you to experience pure relaxation through immersing yourself in a warm, dark and steam infused cocoon. Not only does the Temazcal help purify the body through the removal of toxins, but it also clears the mind and cleanses the body & soul, fortifying the spirit. Emerge feeling anew...



*at extra cost



Natural reconnection ∞
& travel experiences

1 Snorkel with sea turtles



With the marine turtle observation tour, you will have an opportunity to snorkel with these majestic animals, swimming freely in clear waters, and to explore a unique cenote.

2 Whale Shark Encounter



Don't miss the opportunity to swim with the biggest fish on the planet, in its natural environment.

3 Horseback Jungle Discovery



Ride through the tropical jungle on gentle horses guided by experienced equestrians.

4 Connect with Culture and Maya Civilization



Swim in the cenotes, visit Chichen Itza, discover the impressive pyramid of Kukulcan or admire the majesty of Nohoch Mul.

A typical day

Embracing the transformative journey of Wellness Fusion program.



TEMAZCAL RITUAL

Start your day with the authentic Mayan experience of Temazcal Ceremony to clear your mind and cleanse the body & soul.



SPORT

Practice some sport such as sailing to reconnect with nature



ENJOY A MASSAGE

Enjoy a *Club Med signature massage*. A subtle combination of relaxing massage and deep tissue massage, with gentle stretches to detoxify, while relaxing body & mind.



BARBER SERVICE

Head to the Barber Shop for a fresh cut



WELLNESS NIGHT

Rekindle the harmonious bond with your inner self through the transformative practice of a Yoga class during the wellness night.



ENJOY AN HEALTHY DINNER

Savor the delectable essence of an exquisite dinner crafted from premium ingredients and fresh produce.